**2017 Social Copy for the Adrenal / Energy Reset Summit**

**FB, G+, Twitter and other Social Copy**

**Long Posts for FB, G+, Etc.**

#1

Click here to join “The Adrenal Reset Summit”  **Link** It’s almost here! I have been blown away by the list of event speakers and super creative strategies … definitely don’t miss this one.

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#2

What you don’t know about your adrenal system could literally change your life. Just add a little more energy to your life every day – and everything changes. Click here to join me for “The Adrenal Reset Summit” and get the facts …AND have top docs and health experts come to you. **Link**.

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#3

Adrenal Fatigue. The most important thing that no one is telling you is that your exhaustion and lack of focus and mental clarity may very well be adrenal fatigue, a condition that is fast becoming an epidemic in this country, due to stress, poor nutrition and lifestyle. Click here to join me for “The Adrenal Reset Summit” **Link**

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#4

Constant fatigue **and** insomnia (yes, you can have both), sugar cravings, the inability to control blood sugar, lack of mental clarity… this condition is brutally disruptive. In just a few days I will be a guest expert on The Adrenal Reset Summit and I would like you to come as my guest … so you can gain more energy, stop cravings, and eliminate fatigue once and for all. **Link**

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#5

Adrenal fatigue is the result of mental, physical and emotional stress – and it is an invisible epidemic. And symptoms can actually include constant fatigue **and** insomnia, and even increased of food cravings – as well as lack of focus and mental clarity…

Click here to join me for “The Adrenal Reset Summit” **Link**

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#6

The most important thing that no one is telling you, is that your exhaustion and lack of focus may very well be adrenal fatigue, or adrenal dysregulation, a condition that is fast becoming an epidemic in this country, due to stress, poor nutrition and lifestyle.

The good news? The end is here.

It is highly reversible with the right steps and solutions. Join me and over 25 other experts so you can …………..(list a benefit from your interview) Join me here Link

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**Short Posts for FB and Twitter**

Click here to join “The Adrenal Reset Summit” + get rid of fatigue! **Link**

Excited to be hosting the #AdrenalResetSummit. Exhausted? You can feel better & have more energy. **Link**

Is #exhaustion ruining your life? Come to the #AdrenalResetSummit **Link**

Exhausted all the time? Click to join me for “The #AdrenalResetSummit” **Link**

Even w/ enough sleep, someone w/ #AdrenalFatigue is tired most of the time. What can you do? **Link**

What you don’t know about your adrenal system could literally change your life. **Link**

The #AdrenalResetSummit = the leading minds in health, hormones, nutrition and more! **Link**