**2017 - Affiliate Email Copy for Adrenal Reset Summit**

**Email leading to the Summit opt-in page before the Summit starts**

**Email for the 1st Day of the Summit**

**Email to the replay**

**Email selling the Summit Recordings and Bonuses**

**All copy highlighted in Yellow is meant to be linked.**

**Email #1 Leading to the Summit**

**Subject: Is Adrenal Fatigue ruining your life?**

Firstname, Adrenal fatigue is largely the result of mental, physical and emotional stress – and it is an invisible epidemic.

In just a few days, my good friend, NY Times bestselling author Dr. Alan Christianson will be hosting a potentially life changing event, and I would like you to come as my guest (AND get to have me and 27 other health experts come directly to you - no need to take off your PJ’s.

Click here to join **The Adrenal Reset Summit.**

The symptoms of this condition go far beyond just fatigue and can actually include problems falling asleep and staying asleep, difficulty waking up, and even a lack of focus and mental clarity…and increased of food cravings, especially for salt and sugar!

Even if a good night’s sleep is had, an individual with adrenal fatigue feels tired all or most of the time. This is a never-ending cycle for so many of us. The good news? It is also highly reversible with the right steps and solutions.

I have been blown away by the list of event speakers and creative strategies that will be featured at this event. Here are the experts Dr. C has gathered together to support you…

**DAY 1, Nov. 6th**

**Diseases:**

* **Dr. Izabella Wentz** (Pharmacist and creator of the Thyroid Secret & #1 NY Times *Hashimoto’s Protocol*) - Thyroid and adrenal connections - Which came first, thyroid disease or adrenal stress?
* **Dr. Steven Masley** (MD and author of *Better Brain Solution*) - Reversing stress' effects on your brain - How can healing your adrenals reverse memory loss and brain aging?
* **Dr. Joel Kahn** (Holistic Cardiologist and author of *Whole Heart Solution*) - Heart and adrenal connections - Is adrenal stress the most preventable cause of early heart disease?
* **Dr. Michael Breus** (The Sleep Dr.) - Sleep and circadian rhythms - Your 'sleeper' is not broken - here is how you can reset it...

**DAY 2, Nov. 7th**

**Foods:**

* **James Colquhoun** (*Food Matters* & *Hungry for Change*) - Food as the ultimate adrenal cure - Story of stress transformation - business tycoon to gardening gourmet
* **Dr. Joel Fuhrman** (Creator of the *Nutritarian Diet*) - Processed food as stressor - Simple diet rules that can slash your stress load.
* **Magdalena Wszelaki** (Creator of *Hormones & Balance*) - Recipes to heal your adrenals - Live demonstration of how to make delicious lattes from adaptogenic herbs
* **Robyn Openshaw** (Green Smoothie Girl) - Plant foods as adrenal remedies - Healing your adrenals with high vibration alkaline foods.

**DAY 3, Nov. 8th**

**Good Carbs/Bad Carbs:**

* **JJ Virgin** (Celebrity nutritionist and creator of NY Times bestsellers, *Virgin Diet* & *Sugar Impact*) - Sugar Impact and adrenal health - How is hidden sugar sabotaging your adrenals?
* **Dr. Tom O’Bryan** (functional DC and creator of *Betrayal: The Autoimmune Disease Solution*) - Gluten and other foods as hidden adrenal stressors - How can you identify the hidden food reactions that are stressing your adrenals?
* **Dr. Aviva Romm** (MD and creator of the *Adrenal Thyroid Revolution*) - Adaptogens, good carbs, and FOMO - Can perfectionism be your biggest stressor?
* **Dr. Brian Mowll** (The Diabetes Coach) - Blood sugar regulation and cortisol - Can poor adrenal function lead to diabetes? Do medications for diabetes even work?

**DAY 4, Nov. 9th**

**Cellular Stressors:**

* **Dr. Susanne Bennett** (Leading natural allergy specialist and Author of Mighty Mito) - Allergies and mitochondrial health - How can you power up your mitochondria when you're suffering from fatigue?
* **Ari Whitten** (Creator of The Energy Blueprint) - The critical role of mitochondria in chronic fatigue, and how to overcome fatigue by building bigger, stronger mitochondria that produce more energy.
* **Dr. Ben Lynch** (ND and expert on MTHFR gene mutations) - Methylation and other genetic variations - Do you have MTHFR? How can you heal your adrenals if you do?
* **Nicolas Pineault** (leading health journalist) - EMF detection and remediation - What is the science of EMFs as stress triggers? And how you can protect your family?
* **Evan Brand** (holistic nutritionist, speaker, and wellness author) - EMF's as hidden stressors - How can you identify and avoid invisible stress signals from your electronics?

**DAY 5, Nov. 10th**

**Infections - Supplements:**

* **Dr. Evan Hirsch** (MD specializing in Chronic Fatigue and Autoimmune Diseases and best selling author) - Chronic Fatigue and adrenal stress - Here's how chronic fatigue can be cured….
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* **Dr. Eric Z** (Public health researcher & Author of *Healing Power of Essential Oils*) - Essential oils and adrenal health - How do essential oils go straight to your hypothalamus and help you reset your adrenal cycles?
* **Dr. Michael Murray** (One of the world’s leading authorities on natural medicine & author of over 30 books) - Herbs and supplements for adrenal recovery - What are the clinically proven supplement strategies for reversing adrenal stress?

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* **Dr. Maya Shetreat Klein** (Integrative pediatric neurologist) - Traditional healer's solutions to stress - What wisdom from South American healers can help you cope with modern life?
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**DAY 7, Nov. 12th**

**Mind Body:**

* **Katie Wells** (creator of *Katie Wellness Mama*, leading healthy family blogger)- How to have healthy habits for the family without creating stress - How do you dial in your family's routines to banish the stress from daily chaos?
* **Dr. Doni Wilson** (ND specializing in autoimmune disease) - Stress fingerprint and leaky gut - Do you know your unique stress fingerprint? Why you should...
* **Dr. Joan Rosenberg** (creator of Emotional Mastery & Emotional Mastery Training) - Coming to terms with stressful feelings - How to reverse the top 8 difficult feelings in 90 seconds or less...

What you don’t know about your adrenal system can literally change your life.

##### **Yes, I am ready to reclaim my energy and my life!**

*Here’s to your best health and BEST life,*

*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

PS: Your adrenal system is the key to SO many challenges people face. Even just adding more energy to your life every day can change everything. **LINK**

*\* Want to change lives AROUND YOU?*

*Share this link with those you love and post it to your Facebook wall!*

***Affiliate opt-in LINK***

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**Email #2 Day the Summit Begins**

**Subject: It starts today…**

The most important thing that no one is telling you, FIRSTNAME, is that your exhaustion and lack of focus may very well be adrenal fatigue, or adrenal dysregulation, a condition that is fast becoming an epidemic in this country, due to stress, poor nutrition and lifestyle.

TODAY my good friend Dr. Alan Christianson will be hosting The Adrenal Reset Summit, and I would like you to come as my guest.

Constant fatigue **and** insomnia (yes, you can have both), sugar cravings, the inability to control blood sugar, lack of mental clarity… this condition is brutally disruptive.

The good news?

It is also highly reversible with the right steps and solutions.

**Join “The Adrenal Reset Summit” and hear some of the most powerful speakers – and the most creative strategies and solutions out there.**

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*I know you won’t want to miss this event!* **Click here to join me for “The Adrenal Reset Summit.”**

*Here’s to your best health and BEST life,*

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PS: What you don’t know about your adrenal system could literally change your life. Just add a little more energy to your life every day – and everything changes. **LINK**

*\* Want to change lives AROUND YOU?*

*Share this link with those you love and post it to your Facebook wall!*

***Affiliate opt-in LINK***

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**Email #3 Leading to the REPLAY**

**Subject: Are you fatigued due to your adrenals? The REPLAY**

FIRSTNAME, If you missed last week’s 7 day Adrenal Reset Summit with Dr. Alan Christianson, this is definitely a replay you want to hear – and share with those you love. The most important thing that no one is telling you, is that fatigue and lack of focus may very well be adrenal fatigue, or adrenal dysregulation, a condition that is fast becoming an epidemic in this country, due to stress, poor nutrition and lifestyle.

Constant fatigue **and** insomnia (yes, you can have both), sugar cravings, the inability to control blood sugar, lack of mental clarity… this condition is brutally disruptive.

The good news? It is also highly reversible with the right steps and solutions.

Click above to get the replay and take control of your life again.

*Aren’t you ready to finally feel better again?*

*Here’s to your best health and BEST life,*

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**Email #4 – Last Chance! Leading directly to the Summit Sale**

**Subject: RSVP: Adrenal Reset Info**

There’s something I need to share with you right today that you’re going to want to be a part of.

Earlier this week, over 25 doctors and researchers came together and shared their most powerful information with my good friend, NY Times bestselling author Dr. Alan Christianson. The Adrenal Reset Summit was one of the most life changing online events I’ve ever seen put together. (If you did attend, I know it was a lot of information to take in.)

This event was bursting, from the first moment to the last nanosecond, with top-notch information so you can change (or stop!) the behaviors and missteps that cause Adrenal Fatigue, or adrenal dysregulation – a debilitating condition that is fast becoming an epidemic.

I want you to own ALL of this information to come back to over and over again – and share with your friends and family.

Here are the experts Dr. C gathered together to support you and their topics – and the list of bonuses is just as impressive.

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**“The Adrenal Reset Summit.”**

**Click here to own all of the interviews AND the bonuses**

*I know you won’t want to miss this opportunity!*

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**PS: What you don’t know about your adrenal system could literally change your life. Don’t miss this opportunity to own these recordings and put this wisdom into practice day after day. LINK**